

BUNDLES OF CARE

Shopping List

Please donate new, unused items from the list below

Cooling & Hydration

- Cases of bottled water
- Sugar free electrolyte drinks or packets
- Low sugar fruit cups

Sun Protection & Comfort

- Sunscreen (SPF 30+)
- Lip balm with SPF
- Reusable water bottles

Optional Comfort Items

- Word search or activity books
- Grocery store gift cards (Fry's encouraged)

**Before you go, don't forget to link your Fry's
Shopper's Card to YWCA Metropolitan Phoenix!**

Visit ywcaaz.org/bundles-of-care-2025 to learn how.