

**eliminating racism
empowering women**

ywca

Metropolitan Phoenix

List of Snack Ideas:

- Granola bars softer varieties
- Nutri-grain bars
- KIND nut butter bars
- Breakfast bars
- Nuts or trail mix
- Pudding or gelatin snack cups
- Fruit Cups
- Raisins or craisins
- Real fruit snacks
- Peanut butter and crackers
- Candy- hard candy preferred