

JULY-SEP '22 highlights

JULY

1 **Systems Change Initiative** launches, thanks to funding from the CDC.

The project will address health disparities that were created or worsened by the COVID-19 pandemic, specifically barriers to accessing mental health services and race/gender discrimination against seniors and LGBTQ young people. As the team builds container for implementing systems change work, they will create partnerships with community leaders. Together, they will host focus groups to unveil the real issues impacting older adults and the LGBTQ community.



AT THE HEALTH EQUITY CONFERENCE

- 12** Thought partners collaborating on this initiative so far
- 2** Focus groups were hosted to gain “ground truth” insight
- 14** Systemic issues that impact access to mental health were identified by thought partners

eliminating racism
empowering women
ywca
Metropolitan Phoenix

Seeking justice. We are thought leaders. We are fearless movers. We are innovative shakers—embracing collaboration and co-creation. Our **Systems Change Initiative** is critical to our Mission, and in July, the initiative launched. Learn how the team is investigating the barriers around access to mental health resources.

Share your thoughts about access to Mental Health Services.

CELEBRATING 110 YEARS 1912-2022 eliminating racism empowering women ywca Metropolitan Phoenix

SCAN ME

TO PARTICIPATE

BY THE NUMBERS

SENIOR PROGRAMS

20,698
Meals served across Glendale

677
Neighbors received a nutritious meal

EQUITY & COMMUNITY ENGAGEMENT

1,168
Volunteer hours recorded

54
Volunteers gifted their time and talent

ELEMENTS OF THE MONTH

We continue to cover the [Elements of a Healthy Community](#) through our year-long campaign. Each month, we highlight one of the twelve elements and how our work at YWCA impacts it.

JULY
TRANSPORTATION OPTIONS

Affordable and varied options can prevent obesity and disease and promote physical activity.

YWCA is a stop on the free Glendale Urban Shuttle (GUS), which provides transportation to our food service program.

AUGUST
COMMUNITY SAFETY

Safe Communities are socially connected and free of crime and violence. They are led by policies and practices that are inclusive of all members.

SEPTEMBER
ENVIRONMENTAL QUALITY

This element is concerned with clean air and water quality, healthy soil, minimized toxins and waste, and affordable sustainable energy use. Environmental Quality can impact child's early development, disease prevention, and exposure to contaminants.

JULY-SEP IMPACT

AUGUST

1 **Finance Fundamentals** offers a flexible way to control personal finances.

This four-part series covers goal setting, budgeting, credit, and how to save, allowing participants to opt in and out of the courses most applicable to them. This series is offered to the public and empowers all to take hold of their financial independence at no cost.



218
People received
life-altering
education

9
Partners in
justice hosted
our curriculum

SEPTEMBER

1 **Community Leadership Program with All In Together.**

The CLP is an in-person, free, non-partisan, interactive half-day event where All In Together and YWCA Metropolitan Phoenix partnered with local organizations and community leaders to empower women to develop civic leadership skills. The program included a panel conversation with local leaders, a presentation on how to vote in Arizona in 2022, and breakout sessions led by local nonprofits. As we Get Out The Vote (GOTV), we focused on issues that women care about most: gun violence, the pay gap, and access to abortion care to name a few.



MOTHER-DAUGHTER DUO
GAINING CIVIC-LEADERSHIP
SKILLS AT CLP

2 **Equity in STEAM 2.0 Launches!**

As the launch of the 2023 Equity in STEAM grant cycle, we hosted our [storytelling event](#) with STEAM professionals of color who are passionate like we are about eliminating the race and gender gap across the sector. Teachers, schools, and organizations are encouraged to apply for one of the \$2,500 grants! To learn more about the initiative, [visit our website](#).

THANK YOU TO OUR PARTNERS FOR MAKING EQUITY IN STEAM POSSIBLE!



STICKERS OF THE MONTH

A new sticker is released each month that illustrates our mission and impact.

You can snag your **limited-edition sticker** by:

- Making a [one-time \\$25 donation](#)
- Becoming a [monthly donor](#) (at any level) guarantees you receive every month's sticker

JULY STICKER



AUGUST STICKER



SEPTEMBER STICKER

