

# APR-JUN '22 highlights

eliminating racism  
empowering women  
**ywca**

Metropolitan Phoenix

Those who claim to know everything place a limit on their knowledge and growth. This quarter, we focused on learning and growing internally as an organization and externally. We started the quarter by offering our annual [Stand Against Racism Challenge](#) virtually and continued to provide valuable information about our May and June [Elements of a Healthy Community](#): Community Design & Parks + Rec and Affordable Housing. Continue reading to see how we covered the elements in these three months.



## APRIL SOCIAL JUSTICE

Social Justice addresses historical trauma and structural racism, promotes transformational practices, addresses incarceration policies, pursues equitable distribution of resources, and resolves the social and physical differences adversely affecting socially disadvantaged groups.



### 1 Stand Against Racism (SAR) Challenge launches in partnership with YWCA Southern Arizona.

Each year, YWCA hosts a 21-day challenge for community members and leaders to continue building their racial equity muscle. This year, we partnered with YWCA Southern Arizona to reach participants statewide.

### 2 Hosted in-person panel discussion for the 2022 Stand Against Racism Summit.

We were joined by YWCA USA CEO, Margaret Mitchell, Alejandra Pablos (reproductive justice organizer), Dr. Anthony Perkins (author and educational leader), May Mgbolu (Arizona Center for Economic Progress), and Dr. Pearlette Ramos (lawyer and film-maker) to discuss racial justice issues that impact the health and safety of communities of color. This year's topics were Critical Race Theory, Livable Wage, Reproductive Freedom, and Film and Television.

**1,003**

Equity program participants

**393**

SAR Challenge participants

**47**

SAR Summit attendees

**9**

Equity events held in Q2

**805**

Total volunteer hours

## STICKER OF THE MONTH

A new sticker is released each month that illustrates our mission and impact.

You can snag your [limited-edition sticker](#) by:

- Making a [\\$25 one-time donation](#)
- Becoming a [monthly donor](#) (at any level) guarantees you receive every month's sticker



APRIL STICKER



MAY STICKER



JUNE STICKER

# APR-JUN IMPACT

## MAY COMMUNITY DESIGN & PARKS AND RECREATION

Both of these elements highlight the importance of mixed-use development and spaces with lots of shade and free of excessive noise. Recreation includes libraries, pools, schools, and community centers.

### 1 Glendale Adult Center opens for in-person dining!

We partner with Meals on Wheels America and Area Agency on Aging to provide meals for older adults and adults with disabilities. After a two-year hiatus, we were so excited to open one of our in-person dining rooms at the Glendale Adult Center again!

### 2 Community Health Fair

As part of our mission to promote peace, justice, freedom, and dignity for all, we partnered with Arizona Complete Health, Maricopa County Department of Public Health, and University of Arizona College of Public Health to provide free and low-cost vaccinations, vision screenings, diabetes screenings, and mammograms to community members who need it most.



LONG-TIME CONGREGATE MEAL PARTICIPANTS, BETSY & MURRAY BLACK

### BETSY & MURRAY'S STORY

Betty and Murray have been coming to YWCA's congregate lunch meal at Glendale Adult Center for the past 17 years. Betsy was new in town and met Murray through some mutual friends that played games at the Center.

Betsy and Murray met up with their friends for a picnic on South Mountain and hit it off so well, they got married a few years later!

Our staff is proud to provide *More Than A Meal* through our older adult meal service program. We create community between our staff, volunteers, and clients. From wellness calls to our home-delivered meal clients, to special holiday lunches, we're here to create relationships, not just provide meals.

Betsy and Murray Black aren't the only couple who found love in the dining hall! Join us for lunch, now open at YWCA Metropolitan Phoenix and the Glendale Adult Center Monday through Friday at 12pm. You just might find your next life partner!

We suggest guests pay \$2.50 per meal. Learn more at [ywcaaz.org/seniors](http://ywcaaz.org/seniors).

BY THE NUMBERS

## SENIOR PROGRAMS

25,248

Meals served in Q2

11

Partners in justice

## PROSPERITY PROGRAMS

206

Clients served

7

Partners in justice

## JUNE AFFORDABLE HOUSING

The US has been surviving excessive rent and housing prices for years. Recent rate increases have contributed to the number of Americans who are unhoused.

### 1 Heat Relief Bundles

Seniors over 55 years of age are the fastest growing segment of the unsheltered population in Arizona and nationally. YWCA Meals On Wheels drivers are trained to assess any needs of those who may be on the cusp of becoming unhoused, including those with limited income for utilities. Our Heat Relief bundles will help keep older adults cool this summer, especially in case of a power outage.

### 2 YWCA Metropolitan celebrates Juneteenth!

Our office was closed this year to commemorate the day in 1865 that slavery was finally abolished.