



## GCC SENIOR CENTER ACTIVITIES MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:00 Word Search 9:30 Show & Tell 10:30 Loteria	3 8:30 Sewing <b>9:30 Healthy Choice Nutrition Presentation</b> 10:30 Poker	4 8:30 Breakfast Burrito Day 9:30 Chair Exercise 10:30 Bingo	5 8:30 Memory Games <b>9:30 Census Information</b> 10:30 Loteria	6 8:30 Word Search 9:30 Exercise 10:30 Hands & Nails	7
8	9 8:00 Word Search 9:30 Coloring Contest 10:30 Loteria	10 8:30 Blood Pressure 9:30 Site Council 10:30 Poker	11 8:30 Breakfast Burrito Day 9:30 Chair Exercise 10:30 Bingo	12 8:30 Memory Games <b>9:30 Census Information</b> 10:30 Loteria	13 8:30 Word Search 9:30 Exercise 10:30 Hands & Nails	14
15	16 8:00 Word Search 9:30 Checkers Game 10:30 Loteria	17 <b>St. Patrick's Day Celebration</b> Table games and Raffles	18 8:30 Breakfast Burrito Day <b>9:30 Humana Nutrition &amp; Health Presentation</b> 9:30 Bingo	19 8:30 Memory Games <b>9:30 Census Information</b> 10:30 Loteria	20 8:30 Word Search 9:30 Exercise 10:30 Hands & Nails	21
22	23 8:00 Word Search 9:30 Memory Game 10:30 Loteria	24 8:30 Coloring Contest <b>9:30 Humana Wellness Presentation</b> 10:30 Poker	25 8:30 Breakfast Burrito Day 9:30 Chair Exercise 10:30 Bingo	26 8:30 Memory Games <b>9:30 Census Information</b> 10:30 Birthday Celebration	27 <b>HEALTH &amp; WELLNESS FAIR</b> 9 a.m. - 12 NOON	28 
29	30 8:00 Word Search 9:30 Crafts 10:30 Loteria	31 8:30 Movie & Popcorn 9:30 Exercise 10:30 Poker		-	<b>YWCA</b> Census help with Kristina at 5401 W. Ocotillo Rd. 9:30 to noon every Thursday. Questions? Info? Need help filling out forms?	
		Check us Out	On Facebook	<a href="http://www.facebook.com/ywcaseniorcenter">www.facebook.com/ywcaseniorcenter</a>		