

FOR IMMEDIATE RELEASE

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## **YWCA Announces Senior Meal Program Modifications in Response to COVID-19**

**Phoenix, AZ, March 12, 2020** – At YWCA Metropolitan Phoenix, the health and safety of our clients, staff, and volunteers are our utmost priority. In consultation with our partners and city officials, and with an abundance of caution over COVID-19, the Valley West YWCA Senior Center will be closed to the public until further notice. The closure will begin on Monday, March 16<sup>th</sup>. Additionally, with the closure of the Glendale Community Center and Glendale Adult Center, beginning March 16<sup>th</sup>, meal service for YWCA participants will be modified to ensure that all of our participants continue to receive the nutritious meals they rely on.

On Mondays and Wednesdays between 11:30am – 12:00pm, participants in our Glendale Community Center programs and Valley West programs can come to the Valley West center and receive meals. On Mondays they will receive 2 meals for Monday and Tuesday, and on Wednesdays they will receive 3 meals for Wednesday, Thursday, and Friday.

On Tuesdays and Thursdays between 11:30am – 12:00pm, participants in our Glendale Adult Center programs can come to the Valley West center and receive meals. On Tuesdays they will receive 2 meals for Tuesday and Wednesday, and on Thursdays they will receive 3 meals for Thursday, Friday, and Monday.

On Friday, March 13<sup>th</sup>, our participants at the Glendale Adult Center will receive an extra meal to take home for Monday.

The address of the Valley West Senior Center is 8561 W. 61<sup>st</sup> Ave., Glendale 85302. We are currently working with our partners at the city of Glendale, Gus the Bus, and Dial-A-Ride to assist our non-driving clients. For people who are not current YWCA participants and may need meal support during this time, please call (623) 931-7436 to discuss eligibility for our program or for referral to additional programs.

Additionally, our March for Meals activities and Senior Health Fair have been cancelled.

Our home delivered meal participants will continue to receive their meals daily.

“We will continue to monitor the spread of COVID-19 and will keep everyone informed as to when it is safe for us to re-open,” shared Debbie Esparza, YWCA CEO. “As seniors, our client population is so vulnerable to this virus, and we are committed to minimizing as much risk as possible.”

All updated information will be available on our website, [www.ywcaaz.org](http://www.ywcaaz.org).

About YWCA Metropolitan Phoenix:

Since 1912, YWCA Metropolitan Phoenix has been on a mission to eliminate racism, empower women, and promote peace, justice, freedom, and dignity for all. We imagine an equitable and inclusive Phoenix for everyone. We focus on how race and gender impact the issues that impact Phoenix and we create safe spaces for difficult conversations. Additionally, we provide direct services to seniors and low-income women and their families through our home-delivered meals, senior center, and financial literacy programs. YWCA Metropolitan Phoenix is part of an international movement serving over 2 million in the United States and 25 million worldwide.

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