



## GCC SENIOR CENTER ACTIVITIES September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>CLOSED</b> <b>LABOR Day</b>	3 8:30 Word 9:30 Poker 10:30 Loteria	4 8:30 Breakfast Burrito Day 9:30 Exercise 10:30 Surprise Bingo	5 8:30 Show & Tell 9:30 Sewing 10:30 Chair Exercises	6 8:30 Hands & Nails <b>9:30 Zumba Class with Mary</b> 10:30 Poker	7 
8 8:00 Word Search 9:30 Exercise 10:30 Loteria	9	10 8:30 Sewing 9:30 Site Council 10:30 Poker	11 8:30 Breakfast Burrito Day 9:30 Exercise 10:30 Surprise Bingo	12 8:30 Health & Beauty Tips 9:30 Crafts 10:30 Loteria	13 8:30 Hands & Nails 9:30 Zumba 10:30 Poker	14
15 8:00 Word Search 9:30 Exercise 10:30 Loteria	16	17 8:30 Sewing 9:30 Coloring contest 10:30 Poker	18 8:30 Breakfast Burrito Day 9:30 Exercise <b>10:30 Surprise Bingo</b>	19 8:30 Sewing 9:30 Blood Pressure <b>10:30 Organizing Your Meds with Lori</b>	20 8:30 Hands & Nails 9:30 Zumba 10:30 Poker	21
22 8:00 Word Search 9:30 Exercise 10:30 Loteria	23	24 8:30 Sewing <b>9:30 Movie &amp; popcorn</b> 10:30 Poker	25 8:30 Breakfast Burrito Day 9:30 Exercise <b>10:30 Taking Medications Properly by AAA</b>	26 8:30 Sewing 9:30 Birthday Celebration 10:30 Loteria	27 8:30 Hands & Nails 9:30 Zumba <b>10:30 Healthy Food Choices-By Humana</b>	28 
29 8:00 Word Search 9:30 Exercise 10:30 Loteria	30					
		Check us Out	On Facebook	<a href="http://www.facebook.com/ywcaseniorcenter">www.facebook.com/ywcaseniorcenter</a>		