




## VALLEY WEST CENTER ACTIVITES DECEMBER 2018

	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
	8:00 Games/Cards 9:00 Chair Tai Chi 10:00 <b>Holiday Cards</b> <b>Afternoon Chit Chat</b>	8:00 Games/Cards 10:30 Sing-Along With Gene V. 11:00 <b>Holiday Cards</b>	9:00 Exercise <b>10:00 RX Matters-Area</b> <b>Agency on Aging-Janet</b> 10:30 Nickel Bingo	8:00 Socialization 10:00 <b>Holiday Cards</b> 11:00 Bingo	8:00 Socialization 9:00 Exercise-Stretching 10:00 <b>Holiday Cards</b>	
9	10	11	12	13	14	15
Christmas Sing-Along 	8:00 Games/Cards 9:00 Chair Tai Chi 10:00 Crafts <b>Afternoon Chit Chat</b>	8:00 Games/Cards <b>10:30 Name that Tune</b> With Gene V. 11:00 Crafting Activity	8:00 Games/Cards <b>9:00 AARP Keys/Driving</b> We need to talk 10:00 Nickel Bingo	8:00 Socialization 9:00 Crafts <b>11:00 Site Council</b> <b>Hot Cocoa Day</b>	8:00 Socialization 9:00 Exercise-Stretching 10:00 Crafting	
16	17	18	19	20	21	22
	8:00 <b>Holiday Cookies</b> 9:00 Chair Tai Chi 10:00 Crafts <b>Afternoon Chit Chat</b>	8:00 <b>Holiday Cookies</b> 10:30 Sign-Along With Gene V. 11:00 Crafting Activity	<b>Holiday Lunch</b> <b>Santa &amp; Friends</b> <b>Gift Exchange</b>	8:00 Socialization 9:00 Crafts <b>11:00 Bingo Holiday</b>	8:00 Socialization 9:00 Exercise-Stretching 10:00 Crafting Activity	
23	24	25	26	27	28	29
	<b>CLOSED</b> <b>CHRISTMAS</b>	<b>CLOSED</b> <b>CHRISTMAS</b>	8:00 Games/Cards 9:00 Exercise 10:00 Nickel Bingo	8:00 Socialization 9:00 Crafts 10:00 Blood Pressure	8:00 Socialization 9:00 Exercise-Stretching 10:00 Crafting Activity <b>Birthday Celebration</b>	
30	31					
	<b>New Year's Party</b> <b>Wear Your Crazy Socks!</b> *Lunch served at 11:30*	Check us Out	On Facebook	<a href="http://www.facebook.com/ywcaseniorcenter">www.facebook.com/ywcaseniorcenter</a>		