

# November 2017

Valley West Center (623) 931-7436

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>SUGGESTED CONTRIBUTION: \$2.50</b>	<b>MILK SERVED DAILY: 1/2 PINT</b>	1 Grilled Chicken & Pasta Italian Mix Veg. Stewed Tomatoes Fruit/Dessert	2 Lemon Peppered Fish Baby Carrots Fiesta Blend Veg. Fruit/Dessert	3 All Beefy Hotdog Chili Beans Potato Salad Fruit/Dessert	4
5	6 Creamy Chicken & Rice Brussel Sprouts Carrot Coins Fruit/Dessert	7 Best Beef Pot Pie Country Mix Veg. Broccoli Fruit/Dessert	8 Jazzy Jambalaya Caribbean Blend Veg. Okra Fruit/Dessert	9 Savory Turkey Chili & Beans Calif Blend Veg. Fruit/Dessert	10 <b>HOLIDAY NO LUNCH SERVED</b>	11
12	13 Tasty Baked Tilapia Baked Sweet Potatoes Normandy Blend Veg. Fruit/Dessert	14 Chicken Parmigiana Sicilian Blend Veg. Garden Salad Fruit/Dessert	15 Beef Stuffed Pepper Midori Blend Veg. Mandarin Mix Veg. Fruit/Dessert	16 Tender Chicken Strips Peas Calif Blend Veg. Fruit/Dessert	17 <b>Traditional Thanksgiving Lunch</b>	18
19	20 Herb Roasted Chicken Buttered Corn Red Potatoes Fruit/Dessert	21 Picnic Hamburger Potato Salad Baked Beans Fruit/Dessert	22 Yummy Teriyaki Chicken Egg Roll Asian Blend Veg. Fruit/Dessert	23 <b>HOLIDAY NO LUNCH SERVED</b>	24 <b>HOLIDAY NO LUNCH SERVED</b>	25
26	27 Hearty Beef Stew Country Blend Veg. Cauliflower Fruit/Dessert	28 Healthy Chef Salad (meat,ch,egg,tom,let) Beets Fruit/Dessert	29 Layered Lasagna Tuscany Blend Veg. Broccoli Fruit/Dessert	30 <b>*Pesto Chicken*</b> Asparagus Sicilian Blend Veg. Fruit/Dessert	<b>*may contain nuts*</b>	