

May 2017

Valley West Center 623-931-7436

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Spaghetti & Meatballs Sicilian Blend Veg. Italian Green Beans Fruit/Dessert	2 BBQ Chicken Steamed Cabbage Calif. Blend Veg. Fruit/Dessert	3 Country Fried Steak Mashed Potatoes Normandy Blend Veg. Fruit/Dessert	4 Pork Fajita Spanish Rice Charro Beans Fruit/Dessert	5 All Beef Hotdog Sweet Potato Tots Capri Blend Veg. Fruit/Dessert	6
7	8 Baked Cod Tuscany Blend Veg. Potato Salad Fruit/Dessert	9 Salisbury Steak Mashed Potatoes Carrots Fruit/Dessert	10 BBQ Pulled Pork Coleslaw Baked Beans Fruit/Dessert	11 Chicken Alfredo Italian Blend Veg. Broccoli Fruit/Dessert	12 Beef Taco Garden Salad Mix Pinto Beans Fruit/Dessert	13
14	15 Sloppy Joes Sweet Potatoes Winter Blend Veg. Fruit/Dessert	16 Chicken Tenders Peas & Carrots Charro Beans Fruit/Dessert	17 Beef Stuffed Cabbage Flame Roasted Corn Asparagus Fruit/Dessert	18 CENTER CLOSED NO LUNCH SERVED	19 CENTER CLOSED NO LUNCH SERVED	20
21	22 CENTER CLOSED NO LUNCH SERVED	23 CENTER CLOSED NO LUNCH SERVED	24 CENTER CLOSED NO LUNCH SERVED	25 Chicken Chow Mein Snap Peas Oriental Mix Veg. Fruit/Dessert	26 Lemon Pepper Fish Baked Tomato Capri Mix Veg. Fruit/Dessert	27
28	29 HOLIDAY NO LUNCH SERVED	30 Chicken Fajita Refried Beans Sliced Tomatoes Fruit/Dessert	31 Tuna Salad Potato Salad Carrot Raisin Salad Fruit/Dessert	DAILY SUGGESTED CONTRIBUTION: \$2.50	MILK SERVED DAILY: 1/2 PINT	

YWCA MENU~SUBJECT TO CHANGE